

High School Team Information, eligibility, rules and regulations 2022-2023

Parent/guardian AND skater please read through ALL the below information, and direct any questions to Coach Katie Trzebiatowski. We are all looking forward to another great season!

COACHES

Katie Trzebiatowski

Katie Baeten

Nickie West

COSTS

Competitions

- Competition Team Fee: about \$140-150 per Team (beginner, low, Intermediate)
 - Fees are divided between all participating team members.
- Competition Practice Ice: about \$25.00 per competition (if elected, the fee is divided between all participating team members)

Practices

10- half hour practices (fees based on current ice time rates – divided between all team members regardless of attendance. (Special circumstances may be considered for long term injury or long-term illness upon request prior to a billing cycle. Requests will be reviewed and determinations will be made at the coach's discretion.)

USFS Membership

\$31.00 (divided by all team members)

Coaches Fees (Coaching/practice/competitions)

\$36 /hour/coach (divided by all team members)

Required Apparel Costs"

-Warm up Jacket about \$55 + \$10 embroidery

-Dress: can be purchased independently from past team member (dresses were purchased new in 2019 \$130.00 each)

New dresses may be available to be ordered if you are unable to find a dress from a past team member

-Tights/leggings: tan or black

Other costs: personal travel to away competitions, potential team photo, optional apparel

*Ice time, coaching and competition bills will be sent electronically following each competition.

(All costs are approximate)

Eligibility

Skaters must be enrolled in high school curriculum to be eligible for the team. Skaters should inform coached immediately if their enrolment status changes or if a skater plans to graduate early.

COMPETITIONS

All skaters are encouraged to participate in all four High school team competitions. It is required to let Coach Katie Trzebiatowski know if you will NOT be attending a competition, otherwise we will assume skater attendance. Coaches need to know at least one practice ahead of time if a skater will not be attending a competition to prepare the team.

(for unforeseen circumstances, as soon as possible is acceptable.)

The Wisconsin High School Team competition series offers four competition levels for each event. Each year the Stevens Point team will choose to compete in as many levels as competitively possible. Each skater will be assigned to compete on one of the team levels. Each team level will be required to compete nine different elements at each competition. Each level's elements will be assigned to the individual skaters by the coaching staff prior to each competition. The coaching staff will strategically assign elements to create the most competitive team possible. All elements regardless of their difficulty hold the same weight, so all elements hold equal importance. Skaters will respect the coach's team and element distribution and will be required to treat and prepare all elements with high regard.

Wisconsin Competition Series / Performance Dates

November 5th 2022 Mosinee competition

December 10th 2022 Stevens Point competition

January 22 2023 Wisconsin Rapids competition

March 12th 2023 D.C. Everest competition

Ice Show April 1 & 2 2023

PRACTICES

Skater are required to attend all practices on time, skaters are allowed to miss two practices throughout the season for unforeseen circumstances, work is not a valid absence and tardiness will be considered a missed practice. It is required to notify Coach Katie Trzebiatowski by 3:00PM prior to a missed practice. Failure to notify the head coach of an absence, missing multiple practices, or tardiness may result in ineligibility to perform/skate at the next competition or event and may affect element distribution for the next competition.

It is the responsibility of the skater to keep track of their attendance status, coaches will hold official records and can provide status upon request.

Attendance to the regularly scheduled Sunday practice prior to a competition is Mandatory to be eligible to compete in the competition. Any skater not in attendance for any reason, will not be eligible to compete in the next competition and their assigned elements will be redistributed to the team members in attendance.

Practice reminders will be provided from time to time by the coaching staff. This is a courtesy, and it is the responsibility of the skaters to know and attend the scheduled practices.

Practice Dates

7:30-8:00PM K.B. Willet

September 25 2022

October 16 2022

October 30 2022

December 4 2022

January 15 2023

February 5 2023

February 19 2023

February 26 2023

Social Media

The team has a non-public Facebook page that is utilized for practice reminders, competition results and photos. If you would like to be added to this page, please request access to the "Red Panthers Figure Skating Club" on Facebook. This is a positive environment and negativity of any kind will not be tolerated, individuals posting any negativity will be removed from this group immediately after the first offense.

Historically, skaters have held their own group discussions on other social media platforms to remind each other of team events these group discussions are not coach affiliated. Please use safe practices and respect when utilizing these non-supervised social media platforms and portray your team in a positive manner.

PARENT/GAURDIAN VOLUNTEERS

Required volunteer hours: 2 hours at the home High School Competition.

Other volunteering needed: (volunteering for these items would exempt you from the required two hours of high school team competition volunteering)

- Possible organization and management of dress ordering/pick up
- Jacket ordering/embroidering

EXPECTATIONS

Skater Expectations

1. Skaters must skate three(3) full sessions of their packages per month. (If you are not skating your full package times, you will not be eligible participate in the next competition)
2. Attendance to the regularly scheduled Sunday practice prior to a competition and any elected practice ice at a competition is Mandatory. Any skater not in attendance to these mandatory practices, will not be eligible to compete in the next competition and their assigned elements will be redistributed to the team members in attendance.
3. Skaters may miss no more than two High School Practice times. (Work is not a valid reason to miss practice)
4. Always represent your team in a positive manor in all environments. (this includes social media)
5. Your school's athletic code applies to this team.
 - a. There is a ZERO tolerance for drug and alcohol use.
 - b. Academic attendance and performance is to be held at a passing level.
 - c. All team members will be treated with respect and any bullying or hazing will not be tolerated.
6. Be a positive and supportive team member on and off the ice.
7. Skaters will be required to help clean up after the home competition.

Parent/guardian Expectations

1. Encourage your skater to be responsible for remembering practice times, competitions, practice ice, and preparing all items needed for a competition.
2. Oversee that your skater is upholding the schools athletic code and notify Coach Katie T of any violations to the athletic code including:
 - a. Drug or alcohol use and failing academic or attendance levels.
3. Provide your skater positive support.
4. 2 hours of volunteering at the home High school Team competition.

High School Figure skating Team Athlete/ Parent Agreement

I have read and the Stevens Point Area High School Figure Skating Team information, eligibility, rules and regulations document. I understand and will adhere to all requirements, eligibilities, and rules set by this team and the High school athletic code. I will respect the decision of the coaching staff regarding team placement and element distribution. I will give full effort to any team or element I am assigned to. I will be respectful and encouraging to my teammates. I acknowledge that the coaching staff reserves the right to dismiss any skater from any team performance, practice, or event for negligence to the team protocols, behavior issues or any other circumstanced deemed reasonable by the coaching staff. In signing this document, I acknowledge that this team is another opportunity to enjoy the sport, and improve my skills and I will be a positive, respectful and hardworking team member.

Skater signature: _____ Date: _____

Parent/guardian signature: _____ Date: _____