



**EVENT: TEAM MANEUVERS**

Beginner, Low, Intermediate and High

2021-2022	Jump	Spins	Step or Moves in the Field Sequence
<b>BEGINNER</b> (For jumps and spins, skaters may not have passed the Pre-Preliminary free skate test)	a) ½ Jump (waltz, ½ flip or ½ lutz) b) Single toe loop or Salchow c) Waltz jump-toe loop combination	a) 2-foot spin b) forward upright spin c) sit or camel spin	a) Forward right and left foot spirals (PPM #3) b) Basic consecutive edges (PPM #2 – skater will perform BO and BI patterns only.) c) Forward circle 8 (Preliminary #5)
<b>LOW</b> Beginner – Pre-Juvenile (Skaters may not have passed higher than pre-juvenile free skate test)	a) Single flip jump b) Single salchow jump c) Any single jump (Axel is NOT permitted)	a) Upright spin (optional free foot position, may change foot, min. 3 revs) b) Sit spin (min 3 revs) c) Combination spin – camel to sit spin (no change of foot, minimum of 6 revs total)	a) Straight Line Step Sequence b) Forward outside edge spiral c) Pre-Juvenile MIF – FO-BI three-turns in the field
<b>INTERMEDIATE</b> Juvenile - Novice (Skaters may not have passed higher than novice free skate test)	a) Single Axel b) Double salchow c) Combination jump - consisting of a double jump and a single jump or two double jumps	a) Solo spin (sit, camel, layback or cross foot spin (min. 5 revs; flying entry NOT permitted) b) Back spin (min 5 revs) c) Combination spin – with only 1 change of foot, a min. of 1 change of position, a minimum of 5 revolutions per foot AND minimum of 2 revolutions in position	a) Circular Step Sequence b) Ina bauer or spread-eagle c) Juvenile MIF-Backward Circle 3s
<b>HIGH</b> Junior or Senior (no test restrictions)	a) Single or double Axel b) Double jump – double loop, double flip or double Lutz c) Combination Jump – consisting of two double jumps or a triple jump and a double jump	a) Solo Spin of choice (min 8 revs in position; flying entry is not permitted.) b) Flying Spin-Any entry and may include change of position (minimum 8 revs in position) c) Combination spin-with only 1 change of foot, at least 1 change of position, a minimum 6 revolutions per foot AND 2 revolutions in position	a) Serpentine Step Sequence b) Junior MIF Back Loops -Inside c) Senior MIF Spiral Sequence

